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- From the Deputy Principal
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Facebook

How do I keep up-to-date with what is happening at Eagleby State School?

We are excited to now have our Eagleby State School Facebook page well established. We encourage all families to join, as updates are posted on a daily basis. On this page you will see our many and varied celebrations that have occurred throughout the last two weeks.

Facebook Page

Our Facebook page is the easiest way to stay up-to-date with the most current events and announcements.

‘Like’ our page to receive notifications in your Facebook newsfeed.

Use the QR Code below to be taken directly to our Facebook page or enter Eagleby State School in your Facebook search to find our page.

School Website

The Eagleby State School Website contains useful phone numbers, tuckshop menus, uniform shop information, enrolment forms, annual reports and electronic copies of the newsletter.

Use the QR Code below to be taken directly to our website page, type in Eagleby State School to a search engine or go to https://eaglebyss.eq.edu.au

To use these QR Codes, download a QR Code reader from an app store. Open the QR Code reader app and scan these QR Codes and you will be taken directly to our Facebook page or website.

A Snap Shot of our Celebrations

Just in case you are not on Facebook, we have been celebrating the following:

- Book Fair selling over $2,000 of books
- Teys Beenleigh supporting our community

Upcoming Dates:

- 9th June: Public Holiday
- 12th June: Sports Day Field Events
- 13th June: Sports Day (whole school)
- 27th June: Last Day of Term 2
- 14th July: First Day of Term 3
- 11th Aug: Logan ‘Ekka’ Public Holiday
Walk Safely to School Day

Friday 23 July was Under 8’s Day. Pre-Prep children, Prep, Year 1, Year 2 and Year 3 students had a wonderful time celebrating the day. Students moved through a variety of activities that engaged all aspects of their learning. Here are just a few photos of the day, more may be viewed in the school library. Well done to the Year 4 students in Red A for demonstrating leadership skills while helping the younger students through the activities.

Thank you to everyone involved as without you this day could not have taken place.

Jan Peak

From the Principal cont........
From the Principal cont........

Our Garden to Table program

Student Learning

Winners of the Interschool Academic Challenge

Assembly Celebrations

Winners Regional Showcase Awards

All the of the events and celebrations occurred due to many teachers and community member willingly going the extra mile. A sincere thank you for your time and dedication to the education and self esteem of our leaders.
Attendance and Success
The diagrams below illustrate very clearly that a student misses only one day every two weeks that they have missed one and half years of learning over their schooling. If they miss one day a week, they will have missed two and a half years of education over their time at school.

It is urgent that every child attends school every day so that they have the very best opportunity to enter adult life with choices for a career path.

Visit to Logan City Chambers
On the 3rd June the Student Councillors, School Leaders and House Leaders attended a Logan City Council Meeting. During the visit the Student Leaders were honoured to visit with Mayor Pam Parker, experience a tour of the Council Chambers and have their questions answered. It was a wonderful opportunity for everyone. Thank you to Ms Graf, Ms Burness and Chappie Nick for their dedication to the Students Leaders in our community.
Future Discos
The P & C and School have collaborated with the following changes to our discos to enable them to run smoothly and to ensure that all students are safe.

- Prep to Year 3 will be from 4.30 - 5.30pm with their BBQ being at the same time as their disco;
- Year 4 - Year 7 will be from 5.45 - 7.00pm with their BBQ being at the same time as their disco.

This way only one group, P – 3 or 4 - 7 will be in the enclosed area at a time.

Year 4 – 7 students are to arrive at school at 5.45pm ready to enter their disco. This means that parents can safely collect their Prep to Year 3 students without any crowding in the enclosed area.

Siblings are not to attend a disco that is not for their age group, unless permission has been sought from the Principal before the day. This will mean that some families will need to drop off younger students and then when it is time to pick them up, drop off their older students. Year 4 – 7 students are not to be waiting on the school grounds without their parents, if they are not inside the disco enclosure. Often it is dark and the student will not be safe without parents.

Discos are planned for Week 9 of Term 1, 2 and 3. Please talk with me about any questions or concerns.
Weekly Woodwork
Every week a group of students attend a woodwork class at Palm Lake Resort. The students are provided this wonderful opportunity due to the dedication of a group of Palm Lake residents that not only provide the resources, but their time and talents. Our Chappie Nick escorts our students every week.

Libby Jordan - Principal

Deputy’s Column

I hear the bird chirping in the trees.
I smell the lemony green grass coming from the ground.
I see the beautiful green leaves hanging from the trees.
I feel the grass between my hands.
I taste the nature.

Lara Smith - Deputy Principal
Welcome to Red A’s News!

In English we have been learning about Narrative Writing. We have written some amazing and funny stories, using lots of adjectives to make our writing more interesting. We have also been focusing on our grammar when writing. We have looked at the correct use of punctuation, technical words and structure.

In Visual Arts, we created a healthy eating poster and we looked at the different types of food that we should bring to school in our lunch boxes. We discussed the benefits of eating healthy and the difference it makes to our learning. Students created some vibrant posters, and we look forward to displaying them in our classroom.

As we hurtle towards the end of term, we are looking forward to sports day next week. It has definitely been a busy and fast-moving Term and the students have been wonderful!

Andrea Barr-Hamilton
Red A Classroom Teacher

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**Sports Day Program**

**Flinders - Red**

<table>
<thead>
<tr>
<th>FIELD EVENTS</th>
<th>10,11,12,13 YR OLDS</th>
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<tbody>
<tr>
<td><strong>Thursday &quot;June 13&quot;</strong></td>
<td></td>
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<tr>
<td>9:00am - 10:30am (90min)</td>
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<tr>
<td>High Jump 10yr</td>
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<tr>
<td>Long Jump 11yr</td>
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<tr>
<td>Shot Put 10yr</td>
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<tr>
<td>10:30 — 11:00am &amp; 11:40 — 12:40pm (90min)</td>
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<tr>
<td>High Jump 10yr</td>
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<tr>
<td>Long Jump 12/13yr</td>
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<tr>
<td>Shot Put 11yr</td>
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</tbody>
</table>

| 12:40pm - 1:10pm & 1:40pm - 2:40pm (90min) |
| High Jump 11yr |
| Long Jump 10yr |
| Shot Put 12/13yr |

Classes to attend:
RA34, RB
AM, AR
BM, BJ, BP, BC
Class teachers will run the events...

**Logan - Blue**

**Oxley - Yellow**

**TRACK EVENTS (SPORTS DAY) Friday "June 14"**

**9am... 11:30am... 1:30pm...**

<table>
<thead>
<tr>
<th>Sprint Heats (in order)</th>
<th>P-3 Tabloid Rotations</th>
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<tbody>
<tr>
<td>Boys 5 2009 60m</td>
<td>Boys 9 2005</td>
</tr>
<tr>
<td>Girls 5 2009 60m</td>
<td>Girls 9 2005</td>
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<td>Boys 6 2008 60m</td>
<td>Boys 10 2004</td>
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<td>Girls 6 2008 60m</td>
<td>Girls 10 2004</td>
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<tr>
<td>Boys 7 2007 80m</td>
<td>Boys 11 2003</td>
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<tr>
<td>Girls 7 2007 80m</td>
<td>Girls 11 2003</td>
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<td>Boys 8 2006 80m</td>
<td>Boys 12 2002</td>
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<tr>
<td>Girls 8 2006 80m</td>
<td>Girls 12 2002</td>
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<tr>
<td>Boys 9 2005 100m</td>
<td>Boys 13 2001</td>
</tr>
<tr>
<td>Girls 9 2005 100m</td>
<td>Girls 13 2001</td>
</tr>
<tr>
<td>Boys 10 2004 100m</td>
<td>note: 200m heats will begin before MB Tea if we are ahead of schedule!</td>
</tr>
<tr>
<td>Girls 10 2004 100m</td>
<td></td>
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<tr>
<td>Boys 11 2003 100m</td>
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<tr>
<td>Girls 13 2001 100m</td>
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</tbody>
</table>

**1200m Finals**

| Boys 2005 |
| Girls 2005 |
| Boys 2004 |
| Girls 2004 |
| Boys 2003 |
| Girls 2003 |
| Boys 2002 |
| Girls 2002 |
| Boys 2001 |
| Girls 2001 |

**Lunch 12:30**

The entire school will eat and play on the bottom oval for both breaks. If you have a duty anywhere in the school on that day it is to be done on the oval.

**EAGLEBY STATE SCHOOL**

**SPORTS DAY 2014**

LOGAN - Blue

OXLEY - Yellow

FLINDERS - Red
Students of the Week - 22-5-14

- GR - Evie - Working hard on using her manners & working well with others.
- RA - Callum - Always completing homework.

Students of the Week - 29-5-14

- BJ - Paige - For always being a friendly and polite member of our class.
- BP - Elijah - Being a great team member.
- RB - Kali - Always giving her work 100% effort.

Recipients of Diamond Awards are:


Congratulations & well done !!!!!!!
Supporting Children to Be the Best They Can Be

In order to help your child be well-rounded, balanced, happy, and accomplish appropriate goals academically, here are three useful tips.

**Tip #1: Minimise Screen Time:**
Too much time on the Internet or watching television and movies can influence your children’s success at school academically and socially. Television and computer or electronic game use limits your child’s opportunities for social interaction with adults, siblings and peers. It can also influence your child’s interest in reading, experiential discovery, involvement in art and craft type projects or participating in extra-curricular activities that can be more enriching than screen time. Research suggests no more than one hour of television per day for primary school-aged children.

**Tip #2: Encourage Extra-Curricular Interests:**
Children may enjoy or express an interest in certain sports or musical activities. Research shows that children who are involved in sports often have an increased sense of self-worth, are generally healthier due to their increased activity, and have stronger social networks than children who do not participate in sport. Children who are involved in musical pursuits such as learning a musical instrument, singing or dancing demonstrate an ability to think creatively, have greater emotional understanding, and emotional expression. Research also suggests that children involved in music typically have better memory skills.

**Tip 3: Encourage the Idea of Practice and Foster Resilience:**
Some children believe that they are either good at something or they are not good at it. They may try it once or twice, but failure will make them give up. By teaching our children that the way to succeed is to practise then we emphasise the importance of learning from our mistakes and build their resistance against setbacks so they can be seen as an opportunity for learning rather than a failure. Research suggests that children who believe they’re no good at something often won’t even try. However, children who believe that practise and hard work will lead to success are more willing to ‘give it a go’, make mistakes, and keep trying until they get it right. By teaching our children that, if they keep trying they can, and will be successful, we can help build their resilience for future challenges they may face.

**Tip 4: Helping your Child’s Learning at Home:**
There is a lot you can do at home that will support your child’s learning through everyday experiences from the very early years of school. Here are some tips on things you can try at home: while you spend time together and get dinner prepared at the same time.

- Help them find answers or solutions to problems themselves. Show your child how to look things up in a book, in an encyclopaedia or on the computer, and let them find the answers themselves. This also provides an opportunity for you to discuss the validity of the information depending on the source of that information.
- When talking to your child, ask reflective questions like ‘how’ ‘why’ or ‘what if...’ as this helps them to think deeply about their responses.
- Let them see when you have made a mistake, discuss what you have learned from it and that you are willing to try again
- Remember, your child needs some downtime just like you do. Giving them time to just be themselves is as important as giving them good food and lots of love.

**Healthy Tip**

**CALCIUM AND YOUR CHILD**

Milk and other calcium-rich foods have always been a must-have in kids’ diets. After all, calcium is a key building block for strong, healthy bones. But most kids ages 9 to 18 don’t get the recommended 1,300 milligrams of calcium per day.

That’s not surprising when you consider that many kids now drink more soft drink than milk, which is one of the best sources of calcium. And teens who smoke or drink soft drink, caffeinated beverages, or alcohol may get even less calcium because those substances interfere with the way the body absorbs and uses calcium.

But at every age, from infancy to adolescence, calcium is one nutrient that kids simply can’t afford to skip.

**What Calcium Does**

During childhood and adolescence, the body uses the mineral calcium to build strong bones — a process that’s all but complete by the end of the teen years. Bone calcium begins to decrease in young adulthood and progressive loss of bone occurs as we age, particularly in women. Teens, especially girls, whose diets don’t provide the nutrients to build bones to their maximum potential are at greater risk of developing the bone disease osteoporosis, which increases the risk of fractures from weakened bones.

Younger kids and babies with little calcium and vitamin D intake (which aids in calcium absorption) are at increased risk for rickets. Rickets is a bone-softening disease that causes severe bowing of the legs, poor growth, and sometimes muscle pain and weakness. Calcium plays an important role in muscle contraction, transmitting messages through the nerves, and the release of hormones. If blood calcium levels are low (due to poor calcium intake), calcium is taken from the bones to ensure normal cell function.

When kids get enough calcium and physical activity during childhood and the teen years, they can start out their adult lives with the strongest bones possible. For optimal bone health, the Institute of Medicine (IOM) recommends:

1 to 3 years old — 700 milligrams of calcium daily
4 to 8 years old — 1000 milligrams
9 to 18 years old — 1,300 milligrams

Getting enough calcium is just part of the equation. Kids from 1 to 18 years old also should get 600 IU of vitamin D daily. If you don’t think your kids are getting the nutrients needed, talk to your doctor about modifying their diet or using vitamin supplements.

http://kidshealth.org
Next P & C Meeting will be held on Wednesday 11th June 3pm in the Seminar Room - All Welcome

Uniform Shop Opening Hours

| Opening hours: Friday 9.00am - 9.30am | Lay-by welcome  
Cash Only  
- no eftpos |
| 2.30pm - 3.00pm                  |
| Other days by prior arrangement  |

School banking started again Friday 2nd May. Please hand banking to class teacher and please make sure you have completed a deposit slip so your banking can be processed.

What’s Been Happening

News Flash
School hats are now available for sale at the tuckshop. $10 per hat.

Uniform Shop
The uniform shop is running a raffle. The prize is $35 credit that can be spent in the uniform shop. Tickets are $1 and can be purchased from the uniform shop.

Student Banking
No Student Banking Friday 13th June due to Sports Day

Tuckshop
Tuckshop is open Wednesday, Thursday and Friday for 1st and 2nd breaks.
Please use Australian currency only as we are unable to bank foreign currency.

NO HOT FOOD WILL BE SOLD DURING 2ND BREAK
All 2nd break lunch orders MUST be collected from the Tuckshop. There is no class basket this break.
Please remember that lunches are to be ordered at the Tuckshop before class time.
Volunteers needed for Tuckshop: If you could spare some time to help in the Tuckshop, please see Sandy our Tuckshop Convenor, or leave your name and contact details at the office.

Sports Day
Please note that the tuckshop will be closed on Friday 13th June, as it is our sports day. The P&C will be having a food stall on the hill. Please see the separate note for more details.

Volunteers
If you could spare some time while attending sports day, the P&C would enjoy your company at the food stall. All money raised from the stall goes towards much needed resources for the school community. ‘More hands make light work’. Please leave your name and contact details at the office or see a P&C member.

Kids Help Line 1800 551 800 (free call)
Parent Help Line 1300 30 1300
Lifeline 13 11 14

Parents - For Your Information - We have a toilet available for parents to use. It is next to the cleaners room just past the children’s toilets. Please do not use the children’s toilets. Thank you.

P & C Meetings are held every 2nd Wednesday of each month in the Seminar Room at 3pm. Everyone is welcome to attend. Hope to see you there.

ALL ABSENCE FROM SCHOOL MUST BE EXPLAINED
ABSENTEE PHONE LINE - (07) 3442 5360 please use this number instead of the office number.
Please leave child’s name, date and reason for absence
Bike safety tips
Parents play a vital role in teaching children bike safety. Since children learn by example, parents can help teach children road and bike safety. When your child does ride to school:

- Ensure they wear a correctly fitted and fastened helmet – the helmet should fit firmly, be comfortable, and shouldn’t move around on the head when worn
- Show them the safest route, ride with your child until you’re confident they have the necessary skills to ride on their own
- Ensure they walk their bikes along the footpath at the front of the school
- Make sure they ride on the footpath (if primary school age), keep left and give way to pedestrians
- Teach your child never to be towed by a vehicle, and never “double” other children.

Helmets help protect bike riders from head injuries and can save lives. Queensland law requires that everyone must wear a helmet when riding a bike. Set a good example by always wearing a helmet when riding a bicycle – helmets are not just for kids.

Helmets come in a variety of shapes and sizes and some helmets fit kids better than others.

To help to make your child more visible to motorists, place a flag and red reflector on the back of the bike and a white reflector on the front. Wearing brightly coloured and reflective shoes and clothing will also increase visibility.

Parents - For your information
Roster for Assembly Term 2
2pm Thursdays

<table>
<thead>
<tr>
<th>Week</th>
<th>Date</th>
<th>Assembly Type</th>
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<tbody>
<tr>
<td>1</td>
<td>24/4/14</td>
<td>All School Assembly</td>
</tr>
<tr>
<td>2</td>
<td>1/5/14</td>
<td>Prep - Year 3</td>
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<tr>
<td>3</td>
<td>8/5/14</td>
<td>Year 4 - Year 7</td>
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<tr>
<td>4</td>
<td>15/5/14</td>
<td>All School Assembly</td>
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<tr>
<td>5</td>
<td>22/5/14</td>
<td>Prep - Year 3</td>
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<tr>
<td>6</td>
<td>29/5/14</td>
<td>Year 4 - Year 7</td>
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<td>7</td>
<td>5/6/14</td>
<td>All School Assembly</td>
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<td>8</td>
<td>12/6/14</td>
<td>Prep - Year 3</td>
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<td>9</td>
<td>19/6/14</td>
<td>Year 4 - Year 7</td>
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<tr>
<td>10</td>
<td>26/6/14</td>
<td>All School Assembly</td>
</tr>
</tbody>
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ORAL HEALTH

Under the Commonwealth Government’s Child Dental Benefits Schedule (CDBS) which commenced on 1 January 2014, children aged from 2 to 17 years, whose families receive Family Tax Benefit A, will qualify for dental services up to the value of $1000 per child per two years. The CDBS requires a parent/legal guardian to attend all dental appointments with their children and sign the necessary forms.

From 22 April, all dental examination and emergency appointments will be made by calling our Oral Health Hub (the Hub) on 1300 300 850. Families can make appointments at any of our school dental clinics or other clinics in Metro South Health, by calling this central number.

Thank you

Another successful Book Fair

A big thank you to all parents, students and members of the community for supporting our Book Fair. With your help we sold over $2000.00 worth of books, giving us a book commission of over $600.00. With this money we will purchase more resources for the library.

We also had an incredible response for the competition with over 200 entries. Congratulations to all winners!

Thank you for supporting the love of reading.

Beatrice
Book Fair coordinator