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School Banking
Friday morning to class teacher

Upcoming Dates:

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From the Principal

Celebrating our Student Council for 2014
Alex S - Aqua M
Tenisha H - Aqua R
Anika B - Blue J
Jahmayah A - Blue M
Samantha E - Blue C
Shyanne H - Blue P
Summer C - Red A
Lovena N - Red B

The school’s Students Councillors received their badges at a ceremony during a whole school Assembly. Ms Burness and Ms Graf lead the elected body which meets once a week to advocate and represent all students at Eagleby State School for 2014.

Each Student Councillor was elected to serve as a representative for their classes in Year 4 – 7; they also represent our Prep to Year 3 students. Student Council representatives are involved in planning and organising:

- Community service projects
- Student activities
- Fund raisers
- And more...

Student Councillors represent their classmates at Student Council meetings, which illustrates their service in the school through action. The Student Council meetings also provide all councillors with leadership training experiences. Student Councillors support school leaders and teachers to reinforce and model our school values - Compassion, Honesty & Respect, Optimism and Community. This is a highly valued leadership position in our community.

Young Leaders’ Conference in Brisbane

Our School Leaders attended the Young Leaders’ Conference in Brisbane last week. They reported about their experience to the whole school Assembly and now have the opportunity to tell the broader community about their experience:

National Young Leaders’ Day

by Madison P & Cody R

On the 3rd March 2014, the Student Leaders were lucky enough and were able to participate in the National Young Leaders’ Day. We travelled by train all the way to Brisbane City where we walked to the Brisbane Convention Centre. When we got there we were greeted and shown to a huge conference room. It was massive! There were thousands of students, who were leaders, just like us. Some students travelled all the way from NSW and even Sydney!

Our host explained all the exciting things we were going to do for the day. We heard some great words from Mike Martin who told us about the quality of being a leader and having people look up to you. He was so inspired by other leaders; he started the National Young Leaders Day!

The next speaker was truly inspirational, Paralympian, Karni Liddell! Karni Liddell was born with a muscle wasting disease that prevented her from walking and lifting her hands above her head. Her parents were told by many doctors that Karni wouldn’t live to see her teenage years. She beat the odds and became a Paralympian in swimming.

The next speaker was a very creative man, Andy Griffiths, author and father of two, who spoke about his childhood and how he loved to read. He became an author when he heard his students saying they hate reading; he asked himself why someone doesn’t do something and thought well, I am somebody! Now he’s an extremely famous author and kids everywhere read his books every day.

After hearing these speakers we had lunch with all the other kids from other schools. After we ate, we were able to meet and get autographs from all these great speakers. It was heaps of fun! When we went back into the conference room, we were treated with a surprise performance by JTR!
From the Principal cont........

The next speaker was a lovely man, Lorin Nicholson. He’s an amazing guitarist, even though he only has 6% eyesight! He also made a great accomplishment when he rode on a bike 276km. His story inspired us all.

The last speaker was Wes Mannion. He works at Australia Zoo and used to be Steve Irwin’s best friend. Wes loves animals and when he was a child he used to read books about animals and dream of one day being able to see these fascinating creatures everyday.

Our day was filled with fun and exciting things. It was an experience we will always remember.

Children Do What They See Adults Do  Tell it like it is! Straight talk pays

Australia’s greatest cricketer, Sir Donald Bradman, is held in as high regard in India as their great batsman, Sachin Tendulkar. Bradman was a private man with a very public profile. Yet he spoke candidly and openly with dignity and wit.

Straight talking is such a rare quality in public life, education, business and community partnerships that, when you find it, this quality shines brightly through the person with its wisdom, strength and common sense.

It is often the way we talk to each other or misunderstand each other that can cause the most grief and consume the most time in community life. Technical skills can be taught in house on the job. Skilled communication and conflict resolution skills take longer. The positive pay off in the community can be huge.

Why is straight talking so rare? Is it because people are afraid of what others might think? Is it because they fear their opinion will not be taken seriously? Is it because of the heated reaction it might provoke? Tell it like it is anyway. Overcome fear. See beyond the possibility of rejection.

What qualities might the straight talker have that we can follow?
- Straight talkers tell it like it is. You know where they stand; how they feel.
- Straight talkers know when to speak and when to listen.
- Straight talkers are usually decisive people; they do what they say they will do.
- At best the straight talker is positive, respectful and constructive.
- Straight talkers know their facts; they have done their homework. They weighed the arguments and made the choices.

You will gain respect if you calmly, even enthusiastically, debate the issue, present the facts, offer a solution. Sometimes it’s hard, but never make it personal. Speak on the issue. Attack the issue—never attack the person.

Think carefully about what you want to say and the manner in which you say it.

Telling it like it is is not an excuse to take cheap shots. It is a way of becoming more useful to any community, organisation or business. Well considered insights matter. You can become a straight talker today. Your contribution may be welcomed or challenged yet it can be heard, valued, taken seriously. Even if some people strongly disagree with you, make yours a respectful and respected voice.

You will earn respect if you show respect. Respect each person and each audience, even as you tell it like it is. Our children are watching all the time, how we communicate and solve problems.

Libby Jordan - Principal

Deputy’s Column

Classroom Volunteers

We are very fortunate to have a group of people from the Palm Lake Resort next door who have enthusiastically volunteered to read with our students and contribute to their educational experiences by assisting teachers with their classroom activities.

Eagleby State School encourages the forging of close links with parents and members of the wider community. These links result in:
- Greater understanding by parents and the community of their children’s schooling;
- Greater understanding by teachers of their children and their needs;
- Better communication between home and school;
- Fewer misunderstandings;
- Higher student morale and confidence;
- More goodwill and mutual respect and esteem between parents, members of the wider community and school staff.

We look forward to the continued partnership with our parent and community volunteers as we strive to provide the best educational experiences for all of our students.

QuoCKA is Here Again!

Joining forces with the ladies from QUOTA to present the QuoCKA reading program, are our adopt-a-cop Senior Constable Deb McLachlan and students from Beenleigh SHS. Thank you to QUOTA for providing this invaluable program to our students. All participating students will also receive a free book from the program.

Lara Smith – Deputy Principal

River 94.9 Weather Reporters

Last week I received a call from the radio station River 94.9 asking for students to be weather reporters on their morning radio show during the last week of school from the 31st March to the 4th April. Five students will be selected to read the morning weather report live on the radio at 8:30am each day. This is a very exciting opportunity and I will be approaching selected students within the next week. We will try and have the radio station playing on our school loud speakers in the undercover area in the morning during this time. Please tune in and listen to our talented weather reporters.

Megan Hay......Head of Curriculum

ALL ABSENCES FROM SCHOOL MUST BE EXPLAINED

ABSENTEE PHONE LINE - (07) 3442 5360 please use this number instead of the office number.

Please leave child's name, date and reason for absence
**Students of the Week - 27-2-14**

- **PD - Santiana** - For being responsible in & out of the classroom by helping her classmates.
- **AM - Tanika** - Settling well into her new school surroundings, a lovely, polite & friendly class member.
- **AR - Liam** - Actively participating in our science experiments this week.
- **BJ - Katena** – Always displaying beautiful manners & behaviour.
- **BP - Inangara** - For being a friendly kind class member.
- **GG - Jack** - Huge effort in all tasks.
- **GR - Joel** - Writing sensational sentences.
- **RC - Diana** - Working well in Daily 5 rotations.
- **RA - Isabelle** - For always staying on task & persevering.

**Students of the Week - 6-3-14**

- **PD - Rehan** - Being responsible for his learning.
- **AR - Tenisha** - A fantastic start to your persuasive newspaper article.
- **BJ - Madison** - Outstanding effort in our history lessons.
- **BP - Martyn** – For a great effort with science this week.
- **GG - Adel** - Fantastic effort in literacy.
- **GR - Nejla** - A fantastic effort with her homework project.
- **RC - Genie** - A great class role model.
- **RB - Mitchell** - Being kind & respectful & always giving his work a red hot go.

Recipients of Diamond Awards are:


**Congratulations & well done !!!!!!!**

**From the classroom.................BM**

It has been a busy term in Blue M so far. Literacy and Numeracy groups are in full swing and we are enjoying the opportunity to work with other students, and our team of Blue Block teachers. We are constantly improving our reading skills through the use of ‘The Café’ strategies we are learning about and our Daily 5 routines.

Recently, we had an awesome science afternoon. There was a balloon that could attract pieces of tissue paper; a paperclip suspended in mid-air; things falling, floating, sliding, rolling; and many more activities for us to explore and discuss the effect of forces on objects. We all enjoyed this very much and thought the suspended paperclip was the coolest thing we’d seen!

Some of us have had the opportunity to work with Ms Misso and our online teacher, Mr Haldorf, during Project 600. We have been learning how to use a mathematics thinkboard to solve multi-step problems in an online environment. We love using the chatroom and talking to Mr Haldorf via our headsets. Ms Misso says we are becoming very clever at using our online tools. We are excited about the school leaders receiving their badges at the Induction Ceremony this Thursday. We’re also looking forward to our first round of Gala Days, as we’ve been practising hard during our Friday sport afternoons. Hopefully, we’ll come away with a win or two!!

Blue M & Ms K Misso
Healthy Tip

**Figuring Out Fibre**

Foods with fibre are beneficial because they're filling and, therefore, discourage overeating — even though fibre itself adds no calories. Plus, when combined with adequate fluid intake, high-fibre fare helps move food through the digestive system and may protect against gut cancers and constipation. It may also lower LDL cholesterol ("bad" cholesterol) as well as help prevent diabetes and heart disease.

Listed on food labels under total carbohydrates, dietary fibre is found in plant foods like fruits, vegetables, and grains. Some of the best sources are: whole-grain breads and cereals, apples, oranges, bananas, berries, pears, green peas, legumes (dried beans, split peas, lentils, etc.), almonds.

A high-fibre food has 5 grams or more of fibre per serving and a good source of fibre is one that provides 2.5 to 4.9 grams per serving. Here's how some fibre-friendly foods stack up:

- 1 medium baked sweet potato with peel (3.8 grams)
- 1 whole-wheat English muffin (4.4 grams)
- ½ cup (118 mls) of cooked green peas (4.4 grams)
- 1 medium pear with skin (5.5 grams)
- 1 medium baked potato with skin (3 grams)
- 1/3 cup (79 mls) of bran cereal (9.1 grams)
- 1 ounce (28 grams) of almonds (3.5 grams)
- 1 small apple with skin (3.6 grams)
- 1 medium orange (3.1 grams)
- 1 medium banana (3.1 grams)

Toddlers age 1-3 years should get 19 grams of fibre each day and children 4-8 years should get 25 grams of fibre a day. Older boys age 9-13 years should get 31 grams and teen boys age 14-18 years should get 38 grams per day. Older girls and teens should get 26 grams of fibre a day.

http://kidshealth.org/parent/nutrition_center/healthy_eating/fiber.html#

Learning Tip

**10 Tips on Hearing Your Child Read**

As parents, you are your child's most influential teacher with an important part to play in helping your child to learn to read.

Here are some suggestions on how you can help to make this a positive experience.

1. **Choose a quiet time**
   Set aside a quiet time with no distractions. Ten to fifteen minutes is usually long enough.

2. **Make reading enjoyable**
   Make reading an enjoyable experience. Sit with your child. Try not to pressurise if he or she is reluctant. If your child loses interest then do something else.

3. **Maintain the flow**
   If your child mispronounces a word do not interrupt immediately. Instead allow opportunity for self-correction. It is better to tell a child some unknown words to maintain the flow rather than insisting on trying to build them all up from the sounds of the letters. If your child does try to 'sound out' words, encourage the use of letter sounds rather than 'alphabet names'.

4. **Be positive**
   If your child says something nearly right to start with that is fine. Don't say 'No. That's wrong,' but 'Let's read it together' and point to the words as you say them. Boost your child's confidence with constant praise for even the smallest achievement.

5. **Success is the key**
   Parents anxious for a child to progress can mistakenly give a child a book that is too difficult. This can have the opposite effect to the one they are wanting. Remember 'Nothing succeeds like success'. Until your child has built up his or her confidence, it is better to keep to easier books. Struggling with a book with many unknown words is pointless. Flow is lost, text cannot be understood and children can easily become reluctant readers.

6. **Visit the Library**
   Encourage your child to use the public library regularly.

7. **Regular practice**
   Try to read with your child on most school days. 'Little and often' is best. Teachers have limited time to help your child with reading.

8. **Communicate**
   Your child will most likely have a reading diary from school. Try to communicate regularly with positive comments and any concerns. Your child will then know that you are interested in their progress and that you value reading.

9. **Talk about the books**
   There is more to being a good reader than just being able to read the words accurately. Just as important is being able to understand what has been read. Always talk to your child about the book; about the pictures, the characters, how they think the story will end, their favourite part. You will then be able to see how well they have understood and you will help them to develop good comprehension skills.

10. **Variety is important**
    Remember children need to experience a variety of reading materials eg, picture books, hard backs, comics, magazines, poems, and information books.
Next P&C meeting will be Wednesday 26th March at 3pm in the Seminar room - all welcome

Uniform Shop Opening Hours

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<th>Opening hours:</th>
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<td>2.30pm - 3.00pm</td>
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<td>Other days</td>
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Lay-by welcome
Cash Only
-no eftpos

Next P & C meeting will be Wednesday 26th March at 3pm
This will be followed by the AGM
All Welcome

School banking is every Friday. Please hand banking to class teacher and please make sure you have completed a deposit slip so your banking can be processed.

Uniform Shop: Please note that uniform prices are due to be increased in the Uniform Shop at the end of March 2014. Why not beat the price increase and buy your uniforms now? No orders or lay-by available for this. Only for stock already in the uniform shop.

All Orders and Payments for Issue 2 of Bookclub are to be returned in an envelope to the office by Friday 14th March 2014. If ordering, please make sure your child’s name and class is on the order form. Correct money is appreciated as change is not available. If paying by cheque or money order these must be made out to Scholastic Australia.

Laura Jean Family Photo Fundraiser – Saturday 22nd March 2014.
There are still places available. Reserve your place now! Would make a great Mother’s Day gift.
Voucher and further details can be found in this newsletter or contact Sandra – 0413 912 189 or Amanda – 0412 302 066

Eagleby State School P&C Uniform Shop
We are conducting a survey to determine the amount of ‘House’ Sports T-Shirts to order.

Could you please fill the questionnaire out below and hand back into the Uniform Shop by next Friday 14th March 2014.

- Yes I would purchase ______ (please indicate amount) ‘House’ Sports T-Shirts at an approximate cost of $15.00 per shirt.
- Please indicate size of T-Shirt (only even sizes...4 – 24).
- Please indicate Sports House required:
  - Oxley
  - Logan
  - Flinders

We will also like to know if parents would like to order a ‘House’ Sports T-Shirt for themselves, to support their child’s house.

The parents T-Shirts will be on a pre-paid/ order only. Cost is approximately $15.00 per shirt.

- Please indicate if you would be interested in ordering a parent ‘House’ T-Shirt if this is offered.

The P&C will advertise if we are offering this to the parents in a later Newsletter.

Tuckshop

Tuckshop is open Wednesday, Thursday and Friday for 1st and 2nd breaks.
Please use Australian currency only as we are unable to bank foreign currency.

NO HOT FOOD WILL BE SOLD DURING 2ND BREAK
All 2nd break lunch orders MUST be collected from the Tuckshop. There is no class basket this break.
Please remember that lunches are to be ordered at the Tuckshop before class time.
Volunteers needed for Tuckshop: If you could spare some time to help in the Tuckshop, please see Sandy our Tuckshop Convenor, or leave your name and contact details at the office.

Eagleby State School
$20.00 Portrait Fundraiser
Framed 10”x13” Family Portrait
Saturday 22nd March

Please fill in the voucher below and return to the office with your donation.
You shall receive an appointment time and a beautiful gift from Laura Jean Fundraising.
Spaces filling fast - additional packages available.
Low overheads = great value professional portraits!

*Limited offer one voucher per person/family
*Parent/guardian to view own portraits or p&b applies
*No refund for failure to keep appointment

Sandra – 0413 912 189
Amanda – 0412 302 066
seastwood014@gmail.com
See sample portraits and invite a friend:
www.laurajeann.com.au
www.facebook.com/laurajeannfundraising
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$20.00 Voucher*
Framed 10”x13” Family Portrait – Limited Offer

Organisation
Eagleby State School

Name

Class

email

Mobile

Preferred time
9-11am
11-2pm
2-5pm

Thank you
Ph 1300 137 749

Laura Jean fundraising
BEENLEIGH SCOUT GROUP

Have a 6 & 7 year who loves fun and
adventure?
Beenleigh Scout Group
Joey Scouts
6:30pm to 7:30pm Tuesdays
For more details call 0490 181 933

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Support School Chaplaincy
At
McDonalds Beenleigh
Tuesday 18th March
between
5:30pm and 8pm

A percentage of all sales during this time
will be donated to the
Beenleigh and Eagleby school Chaplains

KOALA JOEYS FAMILY
PROGRAM
FROM BUMP TO BIG SCHOOL

New and exciting at Eagleby State School! All Welcome!
Please join us every Wednesday from 10am to midday in the
Seminar room with a plate to share for morning tea.
Coffee and tea provided.