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Student Leader Induction Ceremony

On Thursday, 13th March we celebrated our School Leaders and School House Leaders with their induction ceremony.

Congratulations to Braedyn, Chris, Cody, Jennifer, Isabelle, Madison, Madison, Caroline, Keano, Luke and Tiarna our 2014 School Leaders. We were delighted to welcome the support and attendance of Mr. Michael Crandon, Mr. Bert van Manen, Jennie Breene, Ms. Margaret Gurney, Mr. Matt O’Hanlon, Reverend Alan Robinson, Mr. Ross Kruger, Ms. Allison Caudell, Pastor Reubin Roos, Ms. Kathleen Tominson, Ms. Noela Lane, Ms. Sandra Eastwood and Aunty Robyn Williams along with parents and valued community members.

The Eagleby Student Leaders have been chosen by both staff and students for their positions. Allocation of student leaders is the result of weeks of preparation by the Year 5 & 6 students at the end of 2013. The leaders took their pledge with pride: ‘As a student leader of Eagleby State School, I will uphold the values of Eagleby State School. I will try at all times to show compassion, honesty, respect, responsibility, optimism, and contribute to my community as I lead by example, so others may do so as well. I understand that if I am not able to keep the school rules, uphold the school’s values or in any way feel that I cannot fulfill my leadership roles, then I will forfeit my badge.’

All of our Student Leaders and House leaders will play a very important role at Eagleby State School this year. They will lead us in many activities and special events, as well as helping to coordinate our sporting events. The students of Eagleby have elected our student leaders to represent them, and we have faith that they will fulfill that role with integrity.

Our school choir performed with talent and heart. The event concluded with a very special afternoon tea sponsored by our P & C, with the expertise and help of Rob and his wonderfully professional Year 6/7 serving staff.

Raising money for our farmers

Congratulations to our newly elected Student Council on an exceptionally successful fund raiser. The Student Council raised $324.80 for our farmers to purchase feed for animals during drought conditions. The community dressed in an ‘Australian’ theme and donated a gold coin. The funds raised illustrated the compassionate and caring community we have at Eagleby State School.

Getting Along Together: Developing Social Competence in Your Children

Childhood is a time for children to learn about the world - and that includes learning how to get along with others. Parents play a crucial role in helping children figure out how to form satisfying relationships and develop into socially competent people. Social competence allows children to be cooperative and generous, express their feelings, and empathise with others.

Be Safe, Be Respectful, Be Responsible
Parent/Teacher Interviews

I would like to thank all parents/carers who attended the Parent/Teacher interview evening which was held in Mibunn hall last night. Parent /Teacher interviews provide a very important opportunity for you to discuss your children’s’ academic and social development with the teachers. I would like to acknowledge the hard work and dedication of all our teachers in preparing for these interviews to ensure that we can all work together to give your children the best opportunities to reach their highest potential.

Sharing from the Heart

Good feelings about oneself and others are the root of social competency. Try to create a climate of kindness and generosity so that your children can help each other and begin to take responsibility for each other naturally. In this way they will begin to share “from the heart” - not just because you want them to. Talk with your children about being generous with each other. Empathy, the ability to imagine what another person is feeling, is a very important concept for children to understand. You can foster empathy by talking about your own feelings (“That story made me sad”); helping children express their own feelings (“How did you feel when it started to rain and we had to leave the park?”); and encouraging them to listen to other people’s feelings (“Let’s ask Sonia how she felt when Sparky got lost.”)

Toothbrushing Program

The tooth brushing program coordinated by the Logan-Albert Beaudesert Oral Health Program will begin next Term. Oral diseases such as tooth decay, tooth erosion and gum disease, are major health problems in Australia.

What can you do at home to promote good oral health?

As a parent, it is important you supervise your child’s twice daily brushing and if your child is under 8 years of age, give their teeth a final brush each day after their attempt to ensure all plaque is removed.

Dental decay, dental erosion and gum disease are completely preventable, so together, let’s continue to stop their progression and maintain healthy teeth.

Modeling Behavior

Modeling the behavior you want to encourage is the best way to help children develop socially. Every time you say “please” or lend a helping hand, you are showing your children how you would like them to act. Ask for your children’s help with daily tasks, and accept their offers of help. Look for the things your children are doing right and find opportunities to comment on them. Praise can reinforce good behaviour, but it is equally important to help children recognise the sense of satisfaction that comes from within when they act on a generous impulse or get along well with others.

Fairness

Children want to be treated fairly, but they don't always understand how to treat others the same way. One way to teach fairness is to explain a rule to your child, pointing out that it applies to him as well as to others. It is important that parents model fairness by demonstrating to children that the whole story needs to be understood so that all perspectives have been heard.

When you child comes home with a concern about something that has happened at school, if you feel that it requires further investigation, we appreciate parents talking to us at school, rather than taking matters into their own hands. We can fully investigate the entire circumstance and assist all students to develop from the experience.

Student’s Feet Need to be Safe

Thank you to our community for supporting our uniform policy for students to wear black or white ‘runners’. It has been decided by our P & C and staff that solid ‘runners’ are the shoes that keep our students feet safe. We very much encourage students to be active at play times and have found through experience that ‘canvas’ shoes are not as safe as ‘runners’. We appreciate parents supporting our desire for student safety and the ability to fully participate in all activities with the correct footwear.

Libby Jordan – Principal

Deputy’s Column

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Lara Smith – Deputy Principal

ALL ABSENCES FROM SCHOOL MUST BE EXPLAINED

ABSENTEE PHONE LINE - (07) 3442 5360 please use this number instead of the office number.

Please leave child’s name, date and reason for absence
Recipients of Diamond Awards are:

Congratulations & well done !!!!!!
**Healthy Tip**

### How Much Iron Do Kids Need?

Kids require different amounts of iron at various ages and stages. Here's how much they should be getting as they grow:

- **Infants who breastfeed** tend to get enough iron from their mothers until 4-6 months of age, when iron-fortified cereal is usually introduced (although breastfeeding moms should continue to take prenatal vitamins). Formula-fed infants should receive iron-fortified formula.

- Infants ages 7-12 months need 11 milligrams of iron a day. Babies younger than 1 year should be given iron-fortified cereal in addition to breast milk or an infant formula supplemented with iron.

- **Toddlers** need 7 milligrams of iron each day.

- Kids ages 4-8 years need 10 milligrams while older kids ages 9-13 years need 8 milligrams of iron each day.

- Adolescent boys should be getting 11 milligrams of iron a day and adolescent girls should be getting 15 milligrams. (Adolescence is a time of rapid growth and teen girls need additional iron to replace what they lose monthly when they begin menstruating.)

Young athletes who regularly engage in intense exercise tend to lose more iron and may require extra iron in their diets. Without this, kids can develop deficiencies symptoms include: fatigue and weakness, pale skin, rapid heartbeat or a new heart murmur (detected in an exam by a doctor), irritability, decreased appetite, dizziness or a feeling of being lightheaded. If your child has any of these symptoms, please seek medical advice.

[http://kidshealth.org/parent/nutrition_center/healthy_eating/iron.html#cat20738](http://kidshealth.org/parent/nutrition_center/healthy_eating/iron.html#cat20738)

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**Learning Tip**

### Learning Tip – Creating a Reader Friendly Home

A home filled with reading material is a good way to help kids become enthusiastic readers. What kind of books should you have? Ask your kids about their interests. If they're too young to have a preference, your local librarian can offer suggestions about age-appropriate books.

Here are some other tips:

- Keep a varied selection. Collect board books or books with mirrors and different textures for babies. Preschoolers enjoy alphabet books, rhyming books, and picture books. Elementary-age kids will enjoy a variety: fiction, nonfiction, and poetry, plus dictionaries and other reference books.
- Children can understand stories they might not be able to read on their own. If a more challenging book interests your child, make it something to read together. Younger kids can look at illustrations in books and ask questions as they follow along.
- And don’t limit reading material to books. Kids might also enjoy:
  - magazines (for kids)
  - audio books
  - postcards, e-mails, and text messages from relatives
  - photo albums or scrapbooks
  - newspapers
  - comic books
  - the Internet
  - beginning reading and alphabet games on a computer
  - magnetized alphabet letters
  - e-readers or e-books

- Keep reading material handy. Keep sturdy books with other toys for easy exploration. Books near the changing table and high chair can be helpful distractions for younger kids at appropriate moments. Plastic books can even go in the bathtub. Keep books next to comfy chairs and sofas where you cuddle up so you can read after feedings and before naps.

- Create a special reading place. As kids grow, keep age-appropriate books and magazines on shelves they can reach in their favourite hangouts around the house. Make these shelves appealing and keep them organised. Place some of the books with the covers facing out so they're easy to spot. Put a basket full of books and magazines next to their favourite places to sit. Create a cozy reading corner, and encourage kids to use it by setting up “reading corner time” each day.

- Keep it appealing. Make sure reading areas have good lighting. Change the materials often - add seasonal books, rotate different magazines, and include books that relate to what kids are interested in or studying in school. Decorate the corner with your child’s artwork or writing. Place a CD or tape player nearby for audio books.

- Encourage kids to create the reading. Set up a writing and art centre and encourage kids to make books, posters, or collages that they decorate with their own pictures and writing. Kids love to read things they've written themselves or to share their creations with family and friends.

**Think About Atmosphere**

Other ways to encourage kids to read:

- Give your child a special, cosy space, and quiet time every day to read or write.
- Limit time kids spend in front of a screen (including TV, computer, and video games) to help ensure that they have time for reading.
- Keep reading activities family-centred, and take an active role in guiding your child in reading activities and media. Even with today’s high use of technology, parents can decide how much print and how much media to allow into story time. Reading e-books doesn't have to mean sacrificing lap-time. Make sure to snuggle up with a story often, in whatever format.
- Read together. Offer to read a book aloud or ask your child to read to you from a favourite magazine. Make a habit of sitting together while you each read your own books, sharing quiet time together.

Give books as a gift – show that you value the gift of reading.
IMPORTANT NOTICE TO PARENTS

TAKING HOLIDAYS DURING SCHOOL TERM

If you are taking your child/ren out of school for any length of time, for a holiday or a medical procedure etc........please fill in the appropriate paperwork available at the school office.

It is government regulation that all significant school absences must be approved by the Principal.

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Homework Club

During Term 1 we have had many happy students attending the homework club. We are very fortunate to enjoy the support of Eagleby State School staff and also the consistent attendance from our volunteers.

The homework club meets in the school library every Wednesday at 2.50pm. Students enjoy a healthy snack before commencing each session. Here are some comments from the students who attend the homework club.

Rafiq said, “I enjoy the homework club because people help me with words my sister doesn’t know. I have made some special friends there”.

Jarred said, “Do you want someone to help your child with their homework? Well, my mum did and I joined the homework club. I like it because adults help you in a fun way. We also have a healthy snack before we start learning”.

We hope to have more volunteers involved next term therefore; more students will have the opportunity to attend the program.

Jan Peak
Learning Support: Literacy and Numeracy
Homework Club Coordinator

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Sports Report

Eagleby State Schools' Cross Country is today

Points earned contribute to our Eagle Cup.
Successful runners in the upper age groups 10 and above will be invited to attend the District Cross Country Championships next term.

Luke Brudenall........Sports Teacher

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Interested in playing soccer?
Under 9’s team, Fury, is looking for Players (Boys or Girls) to join their team at Logan Lightning Football Club. For more information please contact Fury assistant coach Simon on 0421313281
AGM for the P&C will be held on Friday 28th March at 3pm in the seminar room - All Welcome

**Uniform Shop Opening Hours**

Opening hours: 
Friday 9.00am - 9.30am
2.30pm - 3.00pm
Other days by prior arrangement

**School Banking**

School banking is every Friday. Please hand banking to class teacher and make sure you have completed a deposit slip so your banking can be processed.

**Uniform Shop**

Smaller size Polo Shirts are now in stock.

Please note that uniform prices are due to be increased in the uniform shop at the end of March 2014. Why not beat the price increase and buy your uniforms now. Only available on in stock items, no orders or lay-by available for this.

**Tuckshop**

Tuckshop is open Wednesday, Thursday and Friday for 1st and 2nd breaks.

Please use Australian currency only as we are unable to bank foreign currency.

**NO HOT FOOD WILL BE SOLD DURING 2ND BREAK**

All 2nd break lunch orders MUST be collected from the Tuckshop. There is no class basket this break.

Please remember that lunches are to be ordered at the Tuckshop before class time.

Volunteers needed for Tuckshop: If you could spare some time to help in the Tuckshop, please see Sandy our Tuckshop Convenor, or leave your name and contact details at the office.

**Important Safety Notice**

Parking - the Staff car park and the Administration car park are for staff and official visitors only.

For safety reasons do not drive into these areas - do not drop off or collect students from these areas as this is the main area used by students with bikes and scooters.

Car parks are available for parents at the front of the school for the purpose of student drop off and collection.

To ensure the safety of our children please do not drive into the school grounds or the staff or administration car parks, this area is NOT for dropping off and picking up students.

**Kids Help Line** 1800 551 800
**Parent Help Line** 1300 30 1300
**Lifeline** 13 11 14

Thank you to Yvonne, Sheldon, Rob, Dylan, Nicholas, Jason, Bethany and Sandra for giving up their time and helping with the senior BBQ’s. Money raised is going towards helping with camp fees.